



**HOWE SOUND SOCCER LEAGUE  
AMATEUR ATHLETIC WAIVER  
AND RELEASE OF LIABILITY**

In consideration of being allowed to participate in any way in the **Howe Sound Soccer League** athletic/sports program, related events and activities, I acknowledge, appreciate and agree that:

1. The risk of injury from the activities involved in this program is significant, including the potential of permanent paralysis and death, and while particular rules, equipment and personal discipline may reduce this risk, the risk of serious injury does exist.
2. **I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF "HOWE SOUND SOCCER LEAGUE".**
3. I willingly agree to comply with the stated and customary terms of participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately.
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, **HEREBY RELEASE AND HOLD HARMLESS the HOWE SOUND SOCCER LEAGUE**, their officers, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers and, if applicable, owners and lessors of premises used to conduct the event ("Releases") with respect to any and all injury, disability, death or loss or damage to person or property **WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.**

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS FREELY AND VOLUNTARILY WITHOUT INDUCEMENT.**